

Minor Anal and Rectal Surgery Bowel Prep

- ◇ There are no dietary restrictions the day before the operation
- ◇ Nothing to eat or drink after midnight
- ◇ You can take essential medications (for blood pressure, heart, seizures) on the morning of the operation with a small sip of water
- ◇ Report to the hospital at the time specified by the hospital
- ◇ If you are diabetic, do not take your oral diabetic medicines the morning of the procedure. If you take injectable insulin, give yourself ½ the morning dose. Procedures are cancelled if blood glucose level is over 300
- ◇ Follow the directions for administering the enema as outlined on the box

Purchase the following items from the pharmacy:
-2 Fleet Enemas (green box)

Instructions:

1. The first Fleet enema should be administered three hours before leaving for your operation.
2. A second Fleet enema should be administered two hours before leaving for the operation.